



# D.O.C. Ignites Your Health

## Seize Health • Live Vibrantly

**D**ementia • **O**rthopaedic • **C**hronic Case

### Our Mission and Vision

The Asia Pacific Institute of Healthy Ageing is dedicated to providing comprehensive care for your cognitive, musculoskeletal, and cardiovascular, renal, and metabolic health through the D.O.C. screening program. Leveraging cutting-edge technology and expert medical guidance, we utilize

innovative tools such as retinal scans, AI eClock, and DXA to deliver personalized health solutions. Our goal is to empower you to prevent disease, enhance quality of life, and achieve lasting wellness.

# Asia Pacific Institute of Healthy Ageing Assessment Plan

Item		Price (HK\$)	
		Smart package	All-rounded package
<b>Doctor's Interpretation of the Report and Consultation</b>			
Based on results of the assessment, our doctors will decide a personalized treatment plan for you to enhance your quality of life and improve your health condition.		✓	✓
<b>Brain Health and Cognitive Ability Assessment</b>			
Utilizing the innovative retinal imaging technology (RetinAD) developed by a local university and the electronic clockdrawing test (AI eClock), we can quickly understand your cognitive ability.		✓	✓
<b>Musculoskeletal Health Assessment</b>			
Through an accurate Hip and Spine DEXA Scan, body composition analysis, and grip strength test, we can diagnose osteoporosis and understand the status of muscle loss.		✓	✓
<b>Bone, Cardiovascular, Kidney, and Metabolic Disease Risk Index Examination</b>			
Understand the risk of chronic diseases through blood tests and grasp the key factors affecting your active and healthy ageing:		-	✓
<ul style="list-style-type: none"><li>Bone Health (Vitamin D)</li><li>Cardiovascular Disease Risk (Total, High, and Low-Density Cholesterol &amp; Triglycerides)</li><li>Diabetes Screening (Glycated Hemoglobin)</li><li>Kidney Function (Creatinine and Glomerular Filtration Rate)</li></ul>			
<ul style="list-style-type: none"><li>Asia Pacific Institute of Healthy Ageing Limited reserves the right to make any changes or deletions to the content without prior notice.</li></ul>	<b>Service Value</b>	<del>3,000</del>	<del>4,600</del>
	<b>Package Price</b>	1,650	2,200

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**Opening Hours**  
 | Mon-Sat (by appointment only)

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