



D.O.C. Ignites Your Health

Seize Health • Live Vibrantly

Dementia • Orthopaedic • Chronic Case

We are Your Health Partner

The Asia Pacific Institute of Healthy Ageing is dedicated to providing comprehensive care for your cognitive, musculoskeletal, and cardiovascular, renal, and metabolic health through the D.O.C. screening programme. Leveraging cutting-edge technology and expert medical guidance,

We utilise innovative assessment tools such as retinal scan (RetinAD), AI eClock, and DXA to provide benchmarks for your personalised health solutions. Our goal is to empower you to prevent disease, enhance quality of life, and achieve lasting wellness.

D.O.C. Assessment Programme Brochure 1/20/25-V3



D.O.C.為健康注入新能量

掌握健康 • 活力人生

腦部健康 • 骨骼健康 • 心腎代謝
Dementia • Orthopaedic • Chronic Case

您的健康伙伴

睿至社致力於透過D.O.C.篩查方法，結合先進科技與專業醫學，為您認知、骨骼肌肉及心腎代謝健康提供全面評估。我們以科學為本，採用視網膜掃描 (RetinAD)、人工智能電子

畫鐘測試 (AI eClock) 及骨質密度掃描 (DXA) 等創新工具，制定個人化健康方案，助您預防疾病、提升生活質素，實現長久健康。

睿至社 智・健・衡 評估計劃

項目		收費 (港幣\$)	
		精簡套餐	全方位套餐
醫生解讀報告及諮詢			
根據計劃內的評估結果，由睿至社醫生為您釐定個人化的調整方案，提升生活質素和改善健康狀況		✓	✓
大腦健康及認知能力評估			
利用本地大學研發嶄新的視網膜影像技術 (RetinAD) 和電子畫鐘測試 (AI eClock)，快速了解您的認知能力		✓	✓
肌肉骨骼健康評估			
透過準確的髖關節和脊椎骨質密度掃描 (Hip and Spine DEXA Scan)、身體組成分析及手握力測試，診斷骨質疏鬆和得悉肌肉流失的狀況		✓	✓
骨骼、心血管腎臟和代謝疾病風險指數檢查			
通過血液檢測了解慢性疾病風險，掌握影響您活齡健康的關鍵要素：		-	✓
• 骨骼健康 (維他命D) • 心血管疾病風險 (總、高、低密度胆固醇及三酸甘油酯) • 糖尿病篩查 (糖化血色素) • 腎功能 (肌酸酐及腎絲球過濾率)			
• 亞太健康中心有限公司保留一切更改或刪改此單張內容之權利，而不作另行通知。	服務項目總值	3,000	4,600
	套餐計劃收費	1,650	2,200

評估・監測・定制
Screen・Monitor・Personalise

www.apioha.com

Holistic Healthy Ageing Assessment Programme

Item		Price (HK\$)	
		Smart package	All-rounded package
Doctor's Interpretation of the Report and Consultation			
Based on results of the assessment, our doctors will decide a personalized treatment plan for you to enhance your quality of life and improve your health condition.		✓	✓
Brain Health and Cognitive Ability Assessment			
Utilizing the innovative retinal imaging technology (RetinAD) developed by a local university and the electronic clockdrawing test (AI eClock), we can quickly understand your cognitive ability.		✓	✓
Musculoskeletal Health Assessment			
Through an accurate Hip and Spine DEXA Scan, body composition analysis, and grip strength test, we can diagnose osteoporosis and understand the status of muscle loss.		✓	✓
Bone, Cardiovascular, Kidney, and Metabolic Disease Risk Index Examination			
Understand the risk of chronic diseases through blood tests and grasp the key factors affecting your active and healthy ageing:		-	✓
• Bone Health (Vitamin D) • Cardiovascular Disease Risk (Total, High, and Low-Density Cholesterol & Triglycerides) • Diabetes Screening (Glycated Hemoglobin) • Kidney Function (Creatinine and Glomerular Filtration Rate)			
• Asia Pacific Institute of Healthy Ageing Limited reserves the right to make any changes or deletions to the content without prior notice.	Service Value	3,000	4,600
	Package Price	1,650	2,200

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辦公時間 Opening Hours

星期一至六 (敬請預約)
Mon-Sat (by appointment only)

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